

RUN THE SHORES

Age Group Results

5K

Race Date
September 15, 2018

Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Noelle Junig	Kenosha WI	13	532	4	20:37.4	6:39/M

Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Marty	Grayslake IL	42	545	1	17:23.0	5:36/M

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Female 19 & under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Martha Abrahamson	Lake Barrington IL	15	502	21	29:05.8	9:23/M
2	Morgan Crowther	Lake Barrington IL	15	521	34	32:58.3	10:38/M
3	Caitlyn Crowther	Lake Barrington IL	12	520	35	32:59.1	10:38/M
4	Jana Boudreau	Algonquin IL	11	512	51	37:30.0	12:06/M
5	Isabella Spitz	Mundelien IL	9	580	54	40:18.0	13:00/M
6	Aubryn Adams	Lake Zurich IL	5	505	72	52:14.1	16:51/M

Male 19 & under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Elmer	Barrington IL	15	588	3	19:47.6	6:23/M
2	Peter Abrahamson	Lake Barrington IL	19	503	7	23:38.4	7:37/M
3	Brandon Boudreau	Algonquin IL	13	511	52	37:33.9	12:07/M
4	Julian Tarnowski	Long Grove IL	5	667	58	41:42.1	13:27/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madeline Moore	Arlington Heights IL	25	597	10	23:56.3	7:43/M
2	Grace O'Brien	Lake Barrington IL	24	553	12	24:06.1	7:46/M
3	Alexa Piskhle	Lake Barrington IL	23	558	31	31:29.0	10:09/M
4	Gabrielle McDonald	Crystal Lake IL	27	546	43	35:24.8	11:25/M
5	Christine Gaborek	Mchenry IL	28	528	56	41:17.1	13:19/M
6	Caitlin Dillman	Mundelein IL	27	522	73	52:15.1	16:51/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Twinam	Lake Barrington IL	28	590	8	23:44.6	7:39/M
2	Paul Hodits	Highwood IL	23	531	75	52:16.1	16:52/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Bradford	Monee IL	39	579	36	33:00.3	10:39/M
2	Abigail Blockhus	Wauconda IL	33	510	37	33:14.1	10:43/M
3	Monika Lajewska	Lake Barrington IL	39	537	59	41:44.1	13:28/M
4	Katie Jones	Cedar Rapids IA	32	591	62	44:45.1	14:26/M

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5	Sondra Adams	Lake Zurich IL	30	506	74	52:15.2	16:51/M
6	Kelly Doheny	Lake Barrington IL	31	524	95	1:08:58.2	22:15/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Owen Scheppman	Algonquin IL	36	566	13	24:09.8	7:47/M
2	Dan Mulvey	Mount Prospect IL	32	549	48	37:08.9	11:59/M
3	Marc Spitz	Mundelien IL	38	581	55	40:18.3	13:00/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Abigail Storms	Lake Barrington IL	46	595	14	24:31.4	7:55/M
2	Allison Abrahamson	Lake Barrington IL	47	501	33	31:58.7	10:19/M
3	Sheri Valskis	Lake Barrington IL	49	571	38	34:03.6	10:59/M
4	Alexandra Roginsky	Lake Barrington IL	43	565	39	34:04.1	10:59/M
5	Iwona Tarnowska	Long Grove IL	42	666	60	42:00.1	13:33/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dan Palmer	Roscoe IL	41	577	2	18:14.9	5:53/M
2	Allen White	Barrington IL	43	574	9	23:52.8	7:42/M
3	Julius Cintron	Itasca IL	43	518	16	26:12.5	8:27/M
4	Javier Ramos	Franklin Park IL	43	561	32	31:30.5	10:10/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nancy Roder	Elgin IL	58	564	19	27:54.9	9:00/M
2	Amy Moore	Crown Point IN	51	548	23	29:30.4	9:31/M
3	Jackie Nitsche	Lake Barrington IL	54	552	24	29:40.4	9:34/M
4	Caryn Olson	Hawthorn Woods IL	57	554	29	31:24.1	10:08/M
5	Dayna Shay	Barrington IL	57	589	30	31:28.3	10:09/M
6	Nancy Jo Walsh	Lake Barrington IL	55	572	42	35:19.7	11:24/M
7	Susan Bryant	Libertyville IL	58	514	44	36:08.5	11:39/M
8	Debi Gordon	Lake In The Hills IL	55	586	53	38:19.0	12:22/M

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Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Karol Stirneman	Lake Barrington IL	53	569	61	42:12.1	13:37/M
10	Sue Mannis	Barrington IL	57	582	63	46:52.1	15:07/M
11	Pam Lennon	Deperc WI	56	541	64	48:27.1	15:38/M
12	Lauren Bunks	Lake Barrington IL	56	515	65	48:28.1	15:38/M
13	Mary Pahlke	Woodstock IL	56	555	66	48:37.1	15:41/M
14	Julie Lennon	Oshkosh WI	58	540	68	50:07.1	16:10/M
15	Susan Mulvey	Lake Barrington IL	57	551	71	50:58.1	16:26/M
16	Stephanie Crenshaw	Lake Barrington IL	58	519	76	54:46.1	17:40/M
17	Ann Garrison	Wilmette IL	54	529	81	57:02.1	18:24/M
18	Jean Eiden	Lake Barrington IL	57	527	84	58:26.2	18:51/M
19	Virginia Manley	Huntley IL	52	544	85	58:34.1	18:54/M
20	Susan Johlie	Arlington Hts IL	53	594	86	58:49.1	18:58/M
21	Kathy Johlie	Barrington IL	56	593	87	58:49.2	18:58/M
22	Carrie Kutrubis	Crystal Lake IL	56	536	91	1:06:24.1	21:25/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kurt Hacke	Wauconda IL	54	578	6	21:47.9	7:02/M
2	Mario Affinati	Barrington IL	55	596	15	24:34.7	7:55/M
3	Chris McHugh	Barrington IL	55	587	17	27:07.0	8:45/M
4	James Bryant	Libertyville IL	58	513	22	29:19.1	9:27/M
5	Kenneth Peterson	Barrington IL	56	598	25	29:59.6	9:40/M
6	David Corrigan	Barrington IL	54	584	27	30:33.0	9:51/M
7	Shreekant Karmarkar	Hawthorn Woods IL	58	534	41	34:28.7	11:07/M
8	Marc Mulvey	Lake Barrington IL	59	550	45	36:17.5	11:42/M
9	Dan Lennon	Lake Barrington IL	57	539	67	50:06.1	16:10/M
10	Rob Garrison	Wilmette IL	54	585	82	57:03.1	18:24/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa McNerney	Crystal Lake IL	60	547	47	36:46.0	11:52/M
2	Jane Ander	Lake Barrington IL	64	507	50	37:24.4	12:04/M
3	Judy Karmalita	Lake Barrington IL	69	533	57	41:32.1	13:24/M
4	Karen Pfeifer	Barrington IL	62	557	69	50:18.1	16:14/M
5	Ginny Sweeney	Lake Barrington IL	69	570	77	55:33.1	17:55/M
6	Claire Campbell	Lake Barrington IL	69	516	83	58:26.1	18:51/M
7	Jan Arvin	Glendale Hts IL	62	508	89	1:02:22.1	20:07/M
8	Lynn Quiroz	Glendale Hts IL	60	560	90	1:02:22.2	20:07/M

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Female 60 to 69

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9	Susan Kenney	Lake In The Hills IL	68	535	93	1:07:51.1	21:53/M

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dan Roder	Elgin IL	60	563	5	21:40.7	6:59/M
2	Kevin Stallimo	Lake Barrington IL	60	583	11	24:04.2	7:46/M
3	Larry Wilk	Lakemoor IL	65	575	18	27:33.2	8:53/M
4	Joe Ward	Lake Barrington IL	60	573	20	28:59.6	9:21/M
5	William Lennon	Oshkosh WI	60	543	26	30:21.4	9:47/M
6	Dave Pateros	Barrington IL	66	576	28	30:34.0	9:52/M
7	Pat Lennon	Deperc WI	64	542	46	36:30.0	11:46/M
8	Peter Doheny	Lake Barrington IL	62	525	94	1:08:58.1	22:15/M

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Susan Lee	Lake Barrington IL	74	538	49	37:12.8	12:00/M
2	Joan Barcal	Lake Barrington IL	77	509	78	55:34.1	17:55/M
3	Kathie Sims	Deer Park IL	73	568	79	55:37.1	17:56/M
4	Jean Doyle	Lake Barrington IL	75	526	88	1:01:19.1	19:47/M
5	Kathy Gonzales	Lake Barrington IL	77	530	92	1:06:24.2	21:25/M

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ed Plum	Barrington IL	71	559	40	34:23.2	11:05/M
2	Jerry Arthur	Mundelein IL	76	592	70	50:21.1	16:15/M
3	John Sims	Deer Park IL	70	567	80	55:37.2	17:56/M